

# MAAMONTH HIKE 2023

Supporting Mothers  
One step at a time

Location:  
Peak  
District

Date:  
4th March  
2023

Ticket  
Price:  
£30

**Fundraising target £250**

**Sign up: [maauk.co/peakdistrict2023](https://maauk.co/peakdistrict2023)**

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## FUNDRAISING

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Thank you for signing up for the MaaMonth Peak District Hike! We hope that you are looking forward to climbing the Peak District with other universities around the UK.

Our fundraising platform for MaaMonth 2023 will be JustGiving.

Each society will have their own team page and every participating individual can create their own fundraising pages to raise money for the Hike or any challenge. This page can be linked to the society team page and will contribute towards the team total.

Please make sure to share the page and get as many donations as possible. Remember the money you fundraise will go in aid of the mothers in rural Bangladesh and Afghanistan. Just a little bit of effort and you could make life changing impact on our mothers in Bangladesh and be one step closer in revolutionising maternal healthcare.

### ***Steps to create a fundraising page on JustGiving:***

1. Go to - <https://www.justgiving.com/campaign/MM2023>
2. Find your society's team page from the Teams list (if you're not part of a society click "start fundraising")
3. Click on "join the team" to set up your page
4. Create your fundraising page and share it to get donations!
5. Send your JustGiving page to us along with your signed declaration
6. Fundraising target: £250

In addition, we are more than happy to create your page if you need any help!

### ***Top tips for fundraising:***

- Message friends and family (best way to get donations)
- Social Media
  - Instagram stories
  - Instagram highlights
  - Live videos
  - Facebook posts
- Get cash donations from family and friends and donate through your own fundraising page with the money you have accumulated.

*PEAK DISTRICT INFORMATION SHEET*

**Saturday 04<sup>th</sup> March 2023**

**Bristol Itinerary**

<b>Time</b>	<b>Action</b>	<b>Notes</b>
06:30AM	Arrival time for Hikers at University of Bristol, Senate House, Tyndall Ave, Bristol BS8 1TH	Please be on time. The coach will not wait for late comers.
6:45AM	Coach Departure Time	Est Journey Time: 3hr - 4hr Stop at service station for rest midway through
11:15AM	Arrival time at Cross Street, Castleton, Hope Valley, Derbyshire, S33 8WH	Use this time for toilet break and put on hiking gear on
11.45AM	Briefing by guides	
12:00 – 17:00PM	Hike	Hike length: 5hr Group photo with all other societies!
18:00PM	Coach Departure Time from Cross Street, Castleton, Hope Valley, Derbyshire, S33 8WH	Est Journey Time: 3hr - 4hr
22:30PM	Arrival at University of Bristol, Senate House, Tyndall Ave, Bristol BS8 1TH	Ensure you have a route home

*Please note: We will try and allocate times for Dhuhr, Asr and Maghrib prayer during the hike.*

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## KIT LIST

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We hope you're all excited for MaaMonth's Peak District Hike, for those unsure of what to bring we've created an easy list for you.

- ✓ Comfortable Walking Boots/Shoes. Shoes with grip.
- ✓ Loose, comfortable trousers or trackies (ideally waterproof)
- ✓ A hooded top or fleece
- ✓ A warm coat (Dependent on weather)
- ✓ Backpack (normal sized to carry items)
- ✓ Spare Clothing (Dependent on weather - including socks, trousers and top. There will be space on the coach to leave your items.
- ✓ Food (standard packed-lunch items, with snacks to keep your energy going. Please remember to bring a water bottle.
  
- Walking Poles (Optional. For those who are not strong walkers, a walking pole is recommended)
  
- ✗ Try to avoid wool (Wear synthetic clothing as they are quick drying)
- ✗ NO WELLIES

### **Contacts:**

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***Please do not hesitate to contact us if you have any queries regarding the hike.***

