



**MaaMonth**

# Peak District Hike

Unite to support mothers globally

**Location: Peak District**

**Date: Saturday 26th February 2022**

**Tickets Cost: £30**

**Sign up here: [maauk.co/hike](https://maauk.co/hike)**

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## FUNDRAISING

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Thank you for signing up for the MaaMonth Peak District Hike! We hope that you are looking forward to climbing the Peak District with other universities around the UK.

Our fundraising platform for MaaMonth 2022 will be JustGiving.

Each society will have their own team page and every participating individual can create their own fundraising pages to raise money for the Hike or any challenge. This page can be linked to the society team page and will contribute towards the team total.

Please make sure to share the page and get as many donations as possible. Remember the money you fundraise will go in aid of the mothers in rural Bangladesh. Just a little bit of effort and you could make life changing impact on our mothers in Bangladesh and be one step closer in revolutionising maternal healthcare.

### ***Steps to create a fundraising page on JustGiving:***

- Go to [maauk.co/maamonth22](https://maauk.co/maamonth22)
- Find your society's team page from the Teams list (if you're not part of a society click "start fundraising")
- Click on "join the team" to set up your page
- Create your fundraising page and share it to get donations!
- Send your JustGiving page to us along with your signed declaration
- Fundraising target: £250

In addition, we are more than happy to create your page if you need any help!

### ***Top tips for fundraising:***

- Message friends and family (best way to get donations)
- Social Media
  - Instagram stories
  - Instagram highlights
  - Live videos
  - Facebook posts
- Get cash donations from family and friends and donate through your own fundraising page with the money you have accumulated.

*PEAK DISTRICT INFORMATION SHEET*

**Saturday 26<sup>th</sup> February 2022**

**Exeter Itinerary**

<b>Time</b>	<b>Action</b>	<b>Notes</b>
5:15AM	Set off location: Exeter - Verney Street EX1 2AW	Please be on time.
5:30AM	Coach Departure Time from Exeter	Est Journey Time 1: 1hr15 – 1hr40 Stop at service station for rest midway through
6:45AM	Coach arrival time at Bristol	Pick up point 1: University of Bristol, Senate House, Tyndall Ave, Bristol BS8 1TH
7:00AM	Coach departure from Bristol	Est Journey Time 2: 3hr-4hr
11AM	Arrival time at National Trust Car Park Hope Valley S33 7ZQ	Use this time for toilet break and put on hiking gear
11.45AM	Briefing by guides	
12:00PM-17:00PM	Hike	Hike length: 5hr Group photo with all other societies!
18:00PM	Coach Departure Time from Cross Street, Castleton, Hope Valley, Derbyshire, S33 8WH	Est Journey Time 1: 3hr-4hr
22:00PM	Arrival time to Bristol and departing to Exeter	Est Journey Time 2: 1hr-2hr
23:50PM	Arrival time to Exeter	Ensure you have a route home

***Please note: We will try and allocate times for Duhr, Asr and Maghrib prayer during the hike.***

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## KIT LIST

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We hope you're all excited for Maa Month's Peak District Hike, for those unsure of what to bring we've created an easy list for you.

- ✓ Comfortable Walking Boots/Shoes
- ✓ Loose, comfortable trousers or trackies (ideally waterproof)
- ✓ A hooded top or fleece
- ✓ A warm coat (Dependent on weather)
- ✓ Backpack (normal sized to carry items)
- ✓ Spare Clothing (Dependent on weather - including socks, trousers and top)
- ✓ Food (standard packed-lunch items, with snacks to keep your energy going. Please bring a water bottle)
  
- Walking Poles (Optional. For those who are not strong walkers, a walking pole is recommended)
  
- ✗ Try to avoid wool (Wear synthetic clothing as they are quick drying)
- ✗ NO WELLIES

### **Contacts:**

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*Please do not hesitate to contact us if you have any queries regarding the hike.*

