



MAA'S LAND AND SKY CHALLENGE

SIGN UP TO MAA'S SEVEN SISTERS HIKE

DATE - 23RD JULY 2022

REGISTRATION FEE - £30

FUNDRAISING TARGET - £250

SIGN UP NOW : [MAAUK.CO/SUMMERCHALLENGE](https://maa.uk.co/summerchallenge)

Itinerary:

Saturday 23rd July 2022 (Seven Sisters Hike)

<u>Time</u>	<u>Action</u>	<u>Notes</u>
8:30 AM	Set off Location: Mile End Bus Stand, Mile End Rd, Bow, London E3 5AX, UK	Please be on time.
9:00 AM	Coach Departure Time from Mile End Bus Station	Est Journey Time 1: 1hr30 – 2hr`10
11:00 AM	Arrival Time at Esplanade Car Park, Esplanade, Seaford BN25 1JT, UK	Use this time for toilet breaks
11.30 AM	Briefing by guides	
12:00 PM-19:30 PM	Hike	Hike length: 6hr - 7hr30 Group photo during the Hike
20:00 PM	Coach Departure Time from <i>Junction RD Eastbourne BN21 3TN</i>	Est Journey Time 1: 1hr30 – 2hr`10

KIT LIST

We hope you're all excited for Seven Sisters Hike, for those unsure of what to bring we've created an easy list for you:

- ✓ Comfortable Walking Boots/Shoes
- ✓ Loose, comfortable trousers or trackies (ideally waterproof)
- ✓ A hooded top or fleece
- ✓ A warm coat (Dependent on weather)
- ✓ Backpack (normal sized to carry items)
- ✓ Spare Clothing (Dependent on weather - including socks, trousers and top)
- ✓ Food (standard packed-lunch items, with snacks to keep your energy going.

Please bring a water bottle and plenty of water)

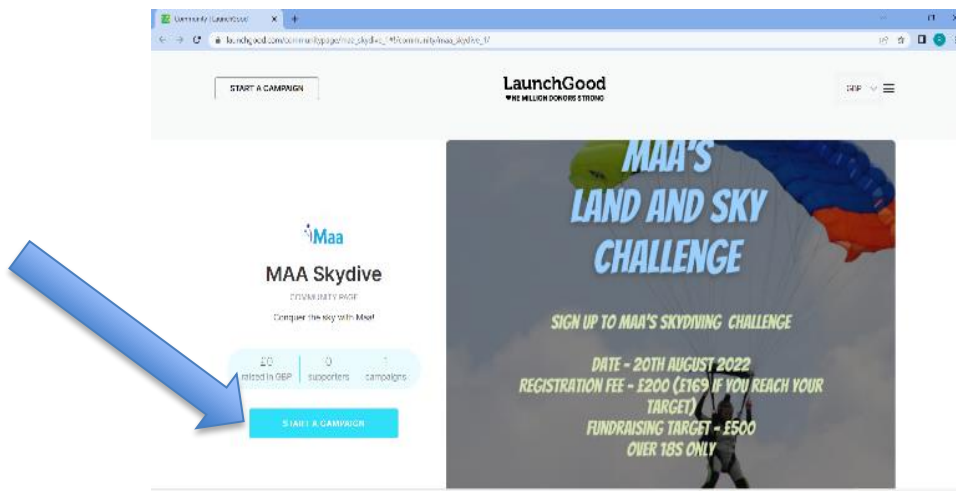
Optional - Walking Poles (Optional. For those who are not strong walkers, a walking pole is recommended)

X Try to avoid wool (Wear synthetic clothing as they are quick drying)

X NO WELLIES

HOW TO MAKE A LAUNCHGOOD PAGE

1. Click on the link - https://www.launchgood.com/communitypage/maa_hike_seven_sisters#!/community/maa_hike_seven_sisters/
2. When you click on the link, you will be directed to Hike version of this page, click 'start a campaign'



- You will then be directed to this page. Name your campaign page your name followed by Seven Sisters Hike – for example Rafah Seven Sisters Hike. Then add your fundraising amount – £250. Feel free to raise your target.

I want to raise for my campaign,

Urgent? You can't trail for an expedited review!

\$342,679,004	48,252	152	1,102,261
FUNDED	CAMPAIGNS	COUNTRIES	DONORS

- Once you click - Next, you can edit your 'story' and any extra information to the sections. Remember the 'payment information' can only be edited by Maa Charity.

This campaign is pre-approved by MAA Skydive. When you're ready, click Go Live to activate your campaign.

- Get Started
- Tell Your Story
- Payment Information
- Enhance
- Add Giving Levels

Tell Your Story

CAMPAIGN PITCH

Here's where you make your pitch! Make sure to tell your story in a way that's clear, concise, and creative.

Pro Tip: Check out our [Guideline](#) page for proven to work tips from the 1,000+ campaigns that have crowdfunded on LaunchGood!

Maa is a student founded, international grassroots charity dedicated to improving the health of mothers in developing countries. We provide medicine, resources and education to these mothers, fathers and young women, in hopes of improving care and empowering the next generation. We run health clinics in rural areas of Bangladesh. The mothers who attend there go on to receive follow up treatment every two months from resident doctors. We now have 2 permanent clinics providing free checks and care! With **EDIT** we can keep these running and

- Get Started
- Tell Your Story
- Payment Information
- Enhance
- Add Giving Levels

Get Started

CAMPAIGN GOAL
E GBP 500

FUNDING TYPE
You cannot change this option after going live.
 Partial All or nothing
Partial funding is for campaigns that could use every dollar. Most campaign creators choose this option.

Pro Tip: The average successful campaign raises between 4% to 13%.

CAMPAIGN TITLE

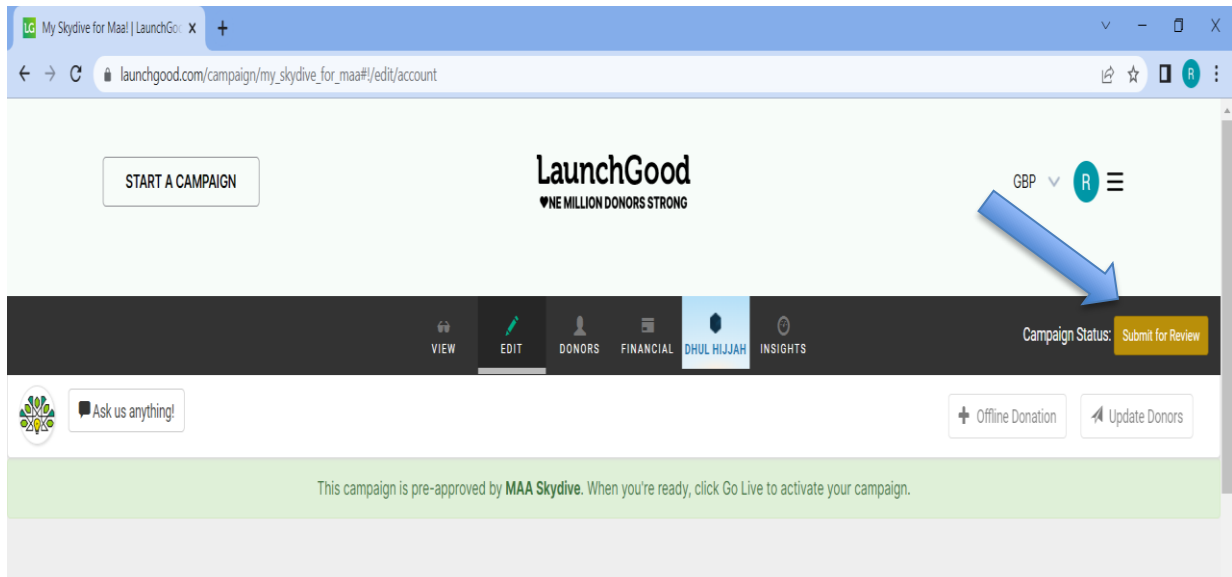
CAMPAIGN TAGLINE

Pro Tip: Summarize the impact of your campaign in one sentence. 125 characters remaining.

CAMPAIGN IMAGE

CAMPAIGN END DATE

5. Finally, you can select 'submit for review' at the top right corner to let Maa know that you have created a page.



6. You will then receive an email confirming that your campaign is now live. Share your page and get creative with your fundraising.

Contact:

Bodrul Islam

Head of Fundraising

07415883314

Bodrul.islam@maacharity.org

Rafah Ahamad

Fundraising Officer

07502446291

Rafah.ahamed@maacharity.org

Ayobur Rahman

Sponsored Events and Hike Lead

07481833250

Ayobur.rahman@maacharity.org